

PAWEL LIPSKI



# TOP 10 POSES

FOR WOMEN & MEN



**WOMEN**



1

# Hand Supporting Chin





# 2

## Play With Hair





# 3

## Stretch





# 4

## Renaissance Painting





# 5

## Lean With Shoulder





# 6

## Lean With Bottom





# 7

## Lean With Elbows





8

# Over The Shoulder





9

Sit Back





# 10

## Sit On Table / Box



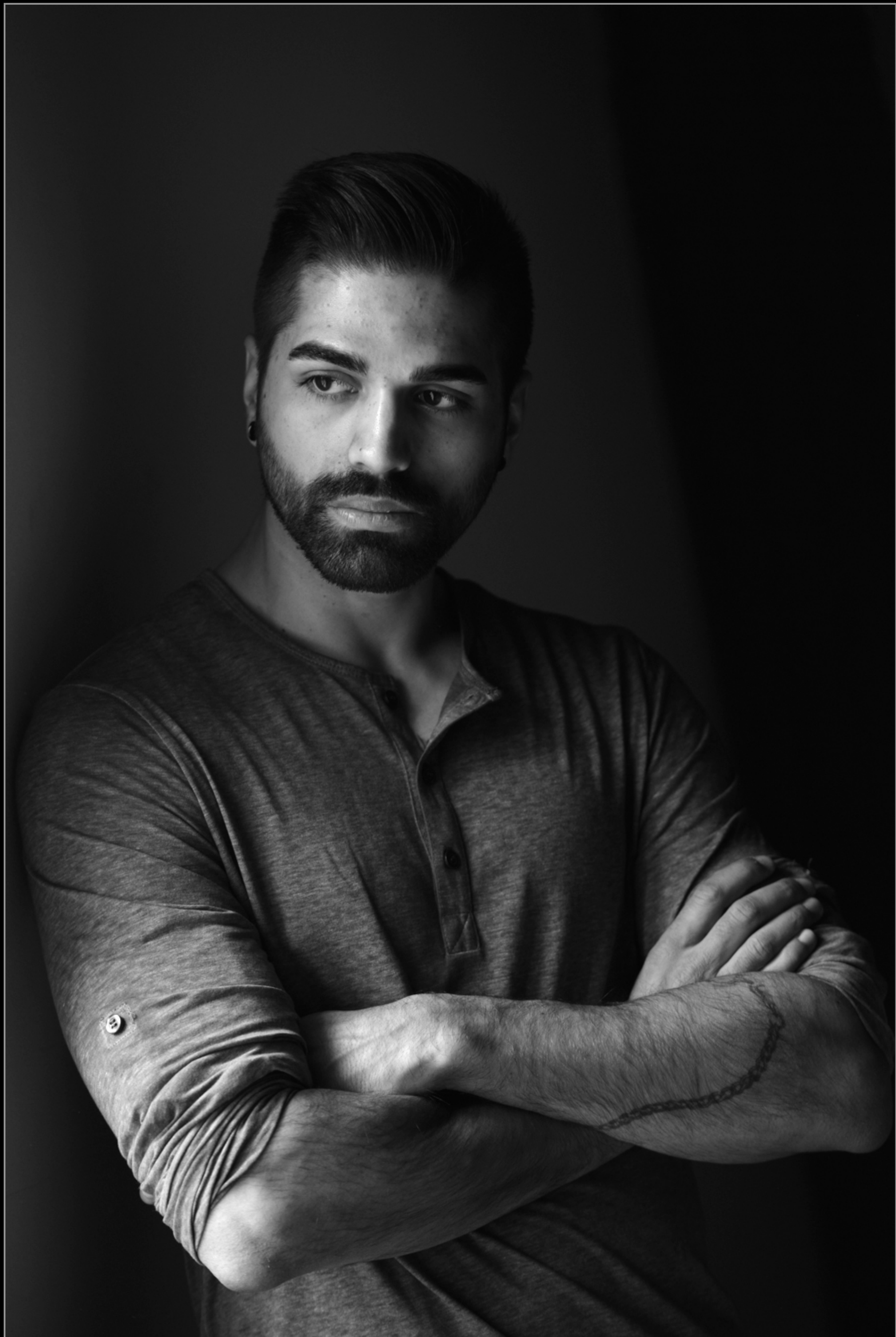


**MEN**



1

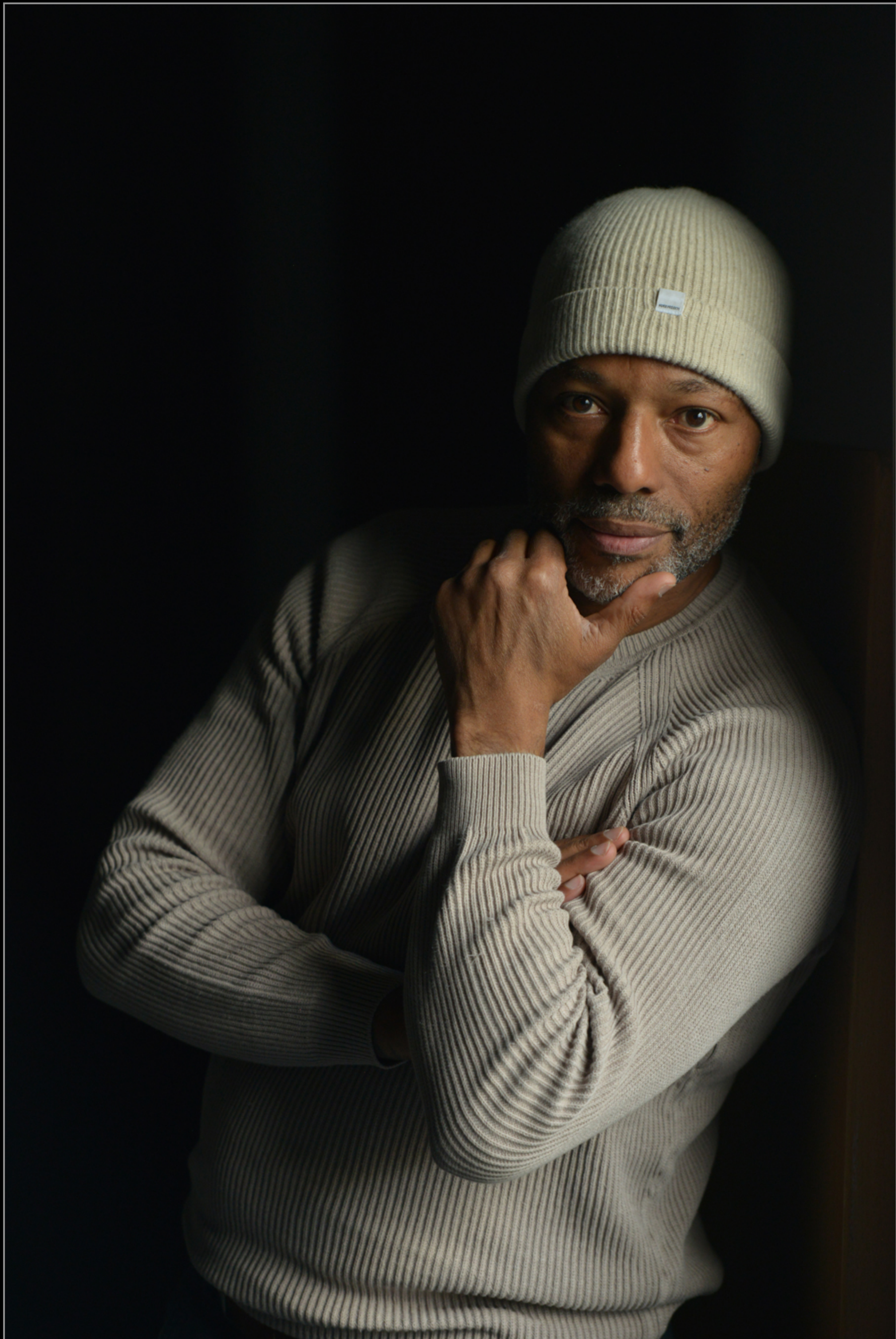
# Crossed Arms + Lean





2

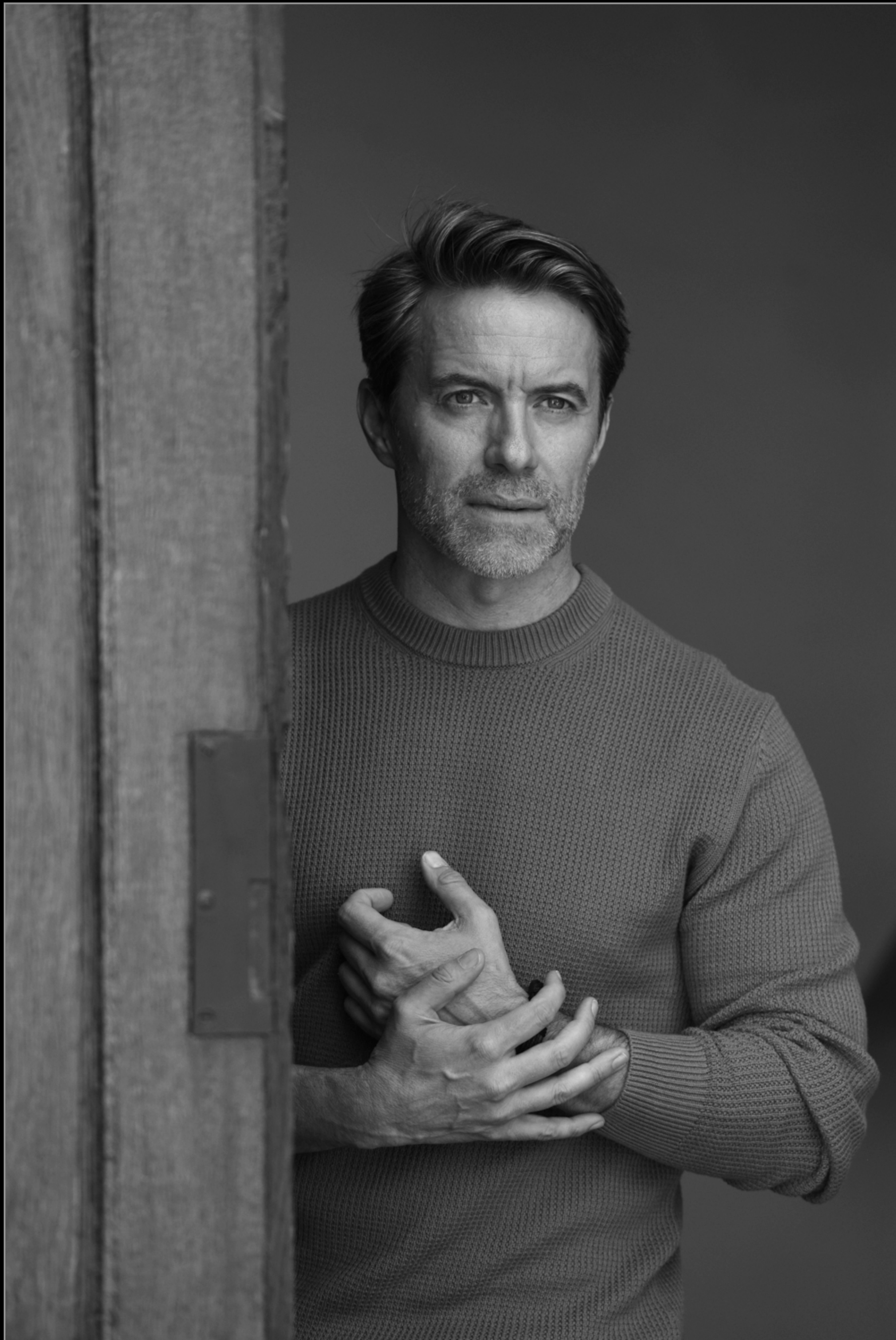
# Hand Supporting Chin





# 3

## Playing With Hands





# 4

## Lean + Hands In Pockets





# 5

## Lean + 1 Leg Up





# 6

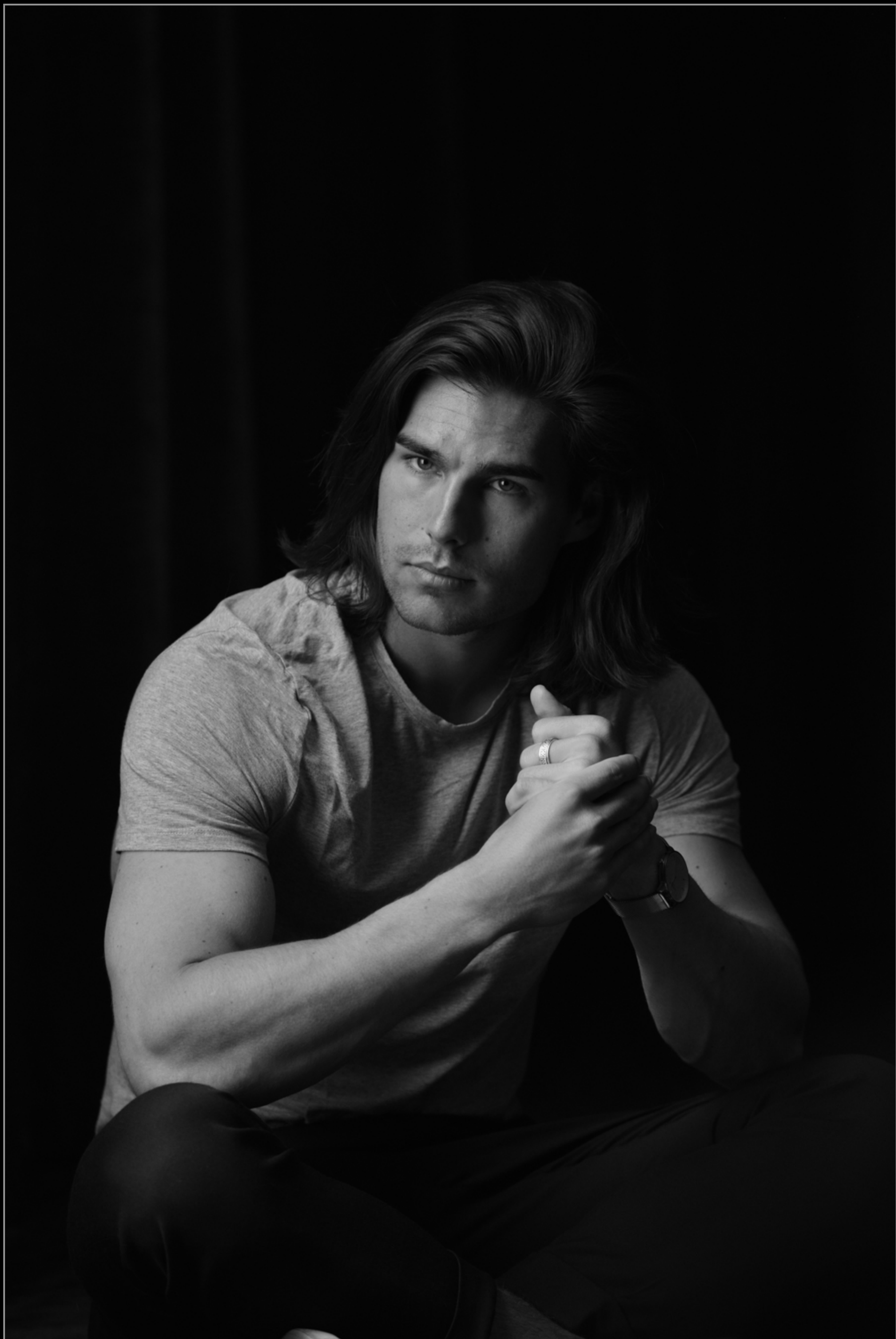
## Sit Back





7

Sit Forward





8

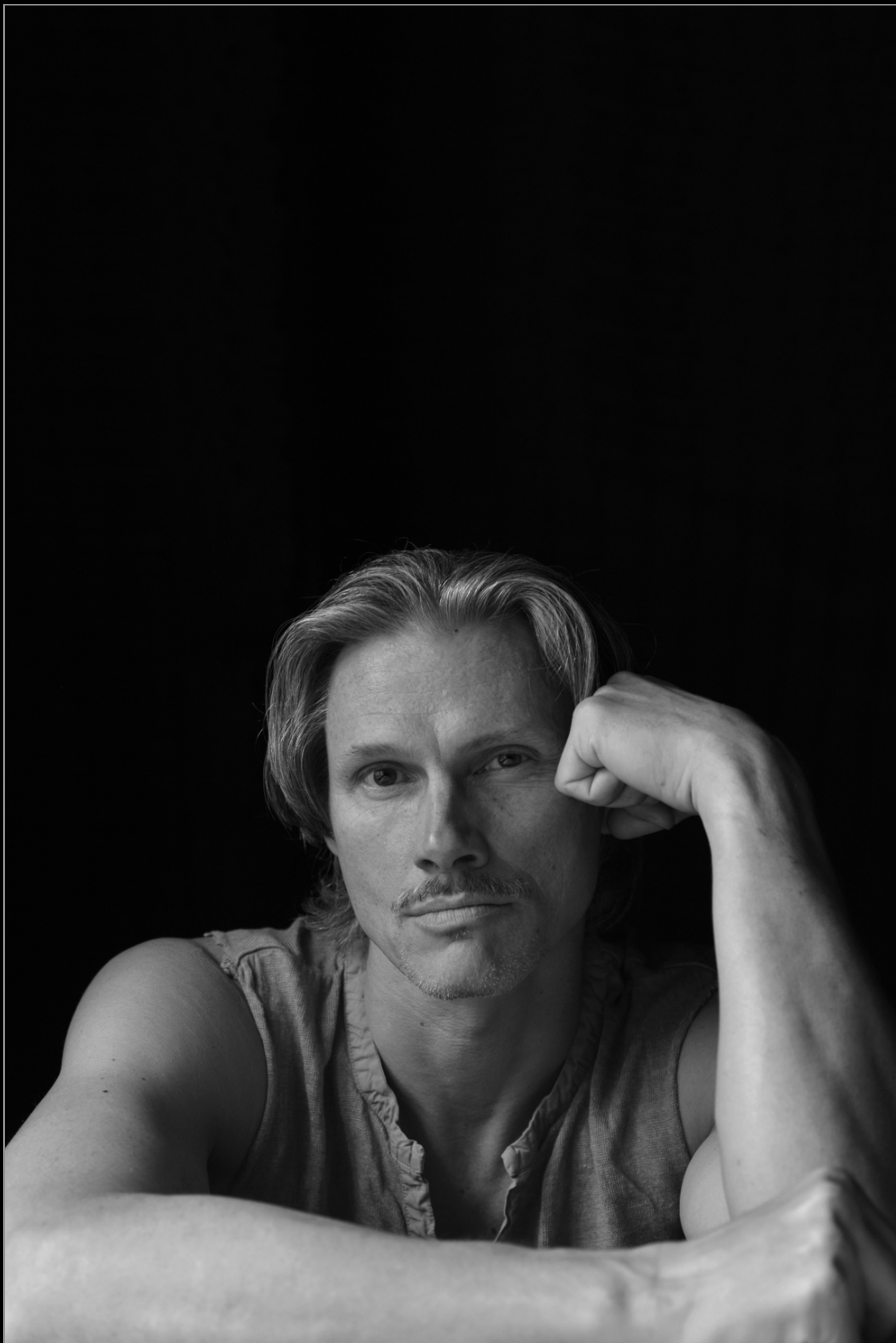
## Lean On Chair





9

# Sit At A Table





# 10

## Sit On The Floor

